



The Birkman Basics Report: Understanding Yourself and Others

**Saturday,
February 9, 2019
10 a.m. – 4 p.m.**

The Jung Center of Houston
5200 Montrose Boulevard
Houston, Texas

\$145 (\$135 members)
4.5 CE hours

**Students must register by
January 31st.**

**The \$45 processing fee is not
refundable after February 1st.**

We often ask ourselves, “Who am I, and who do I think I am?,” “What do I need and expect of others?,” “How do I behave when I’m stressed?,” and “What am I really interested in?” As if that’s not enough, we ponder these same questions about the people in our lives. Finding our way to who we are—what we love, what we expect from others, what careers to explore—is an important life skill.

The Birkman Basics Report is a practical assessment tool that provides, in narrative and graphic formats, answers to our questions. Participants will receive and complete The Birkman Questionnaire via email before the workshop and receive their reports and the group profile at the workshop.

Price includes processing The Birkman Method Questionnaire.



“The reality of life is that your perceptions, right or wrong, influence everything else you do. When you get a proper perspective of your perceptions, you may be surprised how many other things fall into place.”

~ Roger W. Birkman, Ph.D.



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Suzan Cotellesse is a Senior Independent Birkman Consultant, psychotherapist, supervisor and trainer..

In her private practice she supports clients through personal and professional challenges, changes, conflicts and crises. Her expertise includes women’s empowerment, trauma resolution, couple relationships, midlife transition and childless/childfree issues.

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Register here:

<http://bit.ly/birkman-basics-0219>